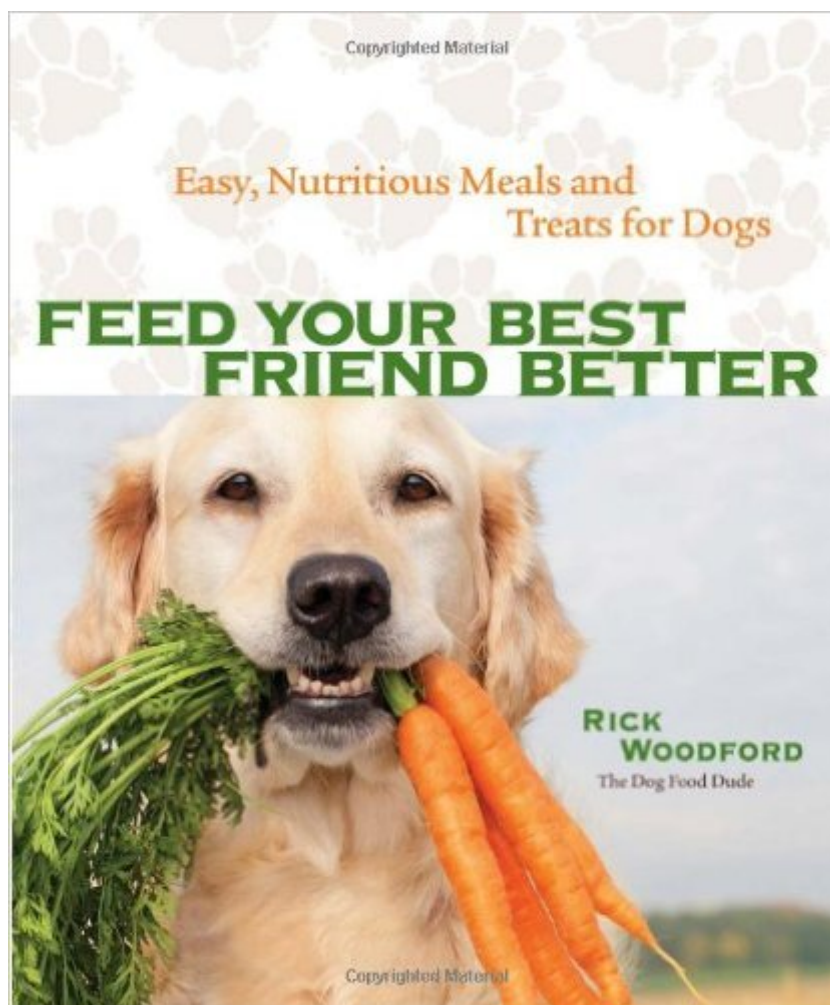


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# Feed Your Best Friend Better: Easy, Nutritious Meals And Treats For Dogs



## Synopsis

If you wouldn't eat processed food, why feed it to your dog? The Dog Food Dude's essential nutrition book for dogs is the only one you'll need, with guidelines, charts, tips, and more than 85 easy recipes for healthy dishes to help your best friend live a long and happy life. From Rick Woodford, the "Dog Food Dude" himself, comes *Feed Your Best Friend Better*, with easy recipes that will make even humans drool a little bit. Healthy food can enable dogs to live longer, healthier lives, just as it can for humans, and with these meals, treats, and cookies, dogs will never miss commercial kibble. Rick has researched nutrition for dogs and has used the same manuals veterinarians use to develop his recipes. *Feed Your Best Friend Better* makes the transition to homemade dog food simple, so you can make natural pet food for your dog every day. From nutritional value to portion sizes, these recipes will help dog parents know what their dog is eating. The meals are healthy, and dogs love them. Rick Woodford wants dogs in every family to be healthy and happy. His recipes use a variety of herbs and spices for their antioxidant properties but they smell so good everybody in the house will be drooling. Recipes include: \* Puppy Pesto \* Bacon Yappetizers \* Barkscotti \* Mutt Loaf \* Gingerbread Mailman In addition to 85 recipes other helpful chapters include: \* How to Pick out a Commercial Food; making the ingredient label easy to understand with a breakdown of ingredients that are good for the bowl and those that are best left on the shelf. \* Determining Portion Size; information on body type and size help readers understand how much food their dogs need to be in the best shape \* Problem Mealtime Behaviors; how to deal with the early morning wake up call, reluctant eaters, counter surfing and more

## Book Information

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## Customer Reviews

I like a lot of things about this book. It is well-researched and the author has drawn on his own experience with his own recipes, which I really appreciate. I think he has put more effort into trying to provide a balanced diet than do most authors on the subject. This is an author who cares very much about his dogs, and about his readers. This book is a great alternative for folks who want to home-feed but who prefer cooked meats over raw. I think the section for ailing dogs, those with cancer, kidney ailments, etc is especially good. If you have a very sick dog who does not want to eat, then especially this book is for you. It's not perfect though and as someone who has used and relied on herbal medicines for years a few of the ingredients used or recommended here cause me concern: A lot of the recipes call for Rosemary. Rosemary is a great plant with likely some anticancer properties, but it is also traditionally used as an abortifacient, and it generally avoided by women who suffer from endometriosis, cysts, fibroids and other hormone related conditions - it's antiestrogenic properties may be helpful in some cancers, but I do not believe it is a safe thing to give to female dogs unless they do have cancer and even then only under the direction of a vet. Ditto for Yucca - although none of these recipes call for Yucca it is listed as a good ingredient in dog food. I disagree. Yucca may be antiinflammatory, and might be okay to give an arthritic old dog now and then, but it acts as a steroid. I do not agree that it belongs in dog food. Millet is easy on the tummy and nutritious but it suppresses the thyroid - something I had personal and very bad experience with. Millet may be alright now and then, but be prepared for thyroid damage if you give a food that has it on a regular basis. Avoid this ingredient like the plague if you have a breed that tends to have hypothyroidism. The whole reason I quit buying commercial food for my dogs was to get them back on a more natural and simple diet and to get them away from having to eat this kind of stuff. Although I have no doubt the intentions are good, I would personally urge some caution when it comes to some of these nontraditional plant ingredients unless your dog has a specific medical need. They do indeed have medicinal properties but are not good for normal, healthy dogs to be eating every day. That said, overall this is a good book, most of the recipes are sensible and its loads of fun to make tasty and nutritious meals and treats for your dogs. I think most of the recommendations here are still a much better alternative than what the dog food companies are giving to us lately. Your dog will thank you for the fresh home cooking and you will likely see a healthier dog for it. The author has worked hard to come up with these recipes, has put them through the ropes with his own dogs and it is evident that his work comes from the heart -which automatically puts him well ahead of most of the dog food companies!

These recipes make my friends with dogs laugh because I recently made the pup loaf for the umpteenth time and gave tasters to them for their dogs as a holiday treat. Nearly all the owners confessed to eating half of it themselves -- with a little salt... just to "check out" the ingredients. The author of this book would chuckle over this, too, I'm sure. The recipes are easy and you can mass produce and store in the freezers or cut with other dog food. Something I like about this book is the truthful and detailed chapter on what foods you can feed your dog. I went straight to the kitchen for a banana to see if my girl, Lucy, would eat it. She was smacking her lips in shock over the new treat. So this recipe book has helped me understand her foods. A note of caution over the supplemental stew... it is pungent... if you freeze the stew like I do in icecube trays for easy use, wrap the trays well with plastic wrap before you place in the freezer or the smell will permeate everything, to include your automatic ice machine. Just ask my mother visiting for the holidays who had a salmon oil ice water. It was pretty funny at the time. We had to throw out the ice and clean out the freezer but we got a good laugh and no one was hurt.

As a dog lover I have received many novelty dog food cookbooks over the years as gifts. This one though is on par with my favorite "people food" cookbooks. It is so well organized and the recipes are easy to follow. The recipes use ingredients that I often already have in my kitchen. And who knew dogs like blueberries?! My dog enjoys the food and seems healthier already. The best thing is that I can cook for my family and my dog at the same time. And the book is full of photos illustrating how amazing the bond is between people and their dogs. The photos further inspire me to demonstrate my love for my dog with wholesome and yummy food. Love, love, love it!

Our little 5 month old Lhasapoo just joined our family recently. We are so in love and I knew that I wanted to cook for her in order to insure the best, healthiest ingredients in her meals. Honestly, I was not looking forward to all the recipe research since I knew it would be involved since it is important to include the essential vitamins, minerals, etc. to ensure a well-balanced, nutritional meal for your loved one. I came across this book early in my research and I feel in love immediately! This book is outstanding! It not only gives many recipes for meals and treats, but also includes what exact foods are healthy or dangerous to dogs and why. It makes cooking for your puppy/dog foolproof by including appropriate calorie and fat daily allowances for the size and age of your dog. Simply amazing. I can't say enough good things about this book! Don't miss it!

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